FOR IMMEDIATE RELEASE: December 28, 2015

Contact: Nick Panetta

Verona Community Center

973-857-4830

npanetta@veronanj.org

Verona Recreation Hosts Rutgers Coaching Clinic

The Verona Recreation Department is sponsoring a Coaching Certification class on Monday, January 11, 2015, at 7pm. The class is three hours in length. The class begins on time and no late admittance will be allowed in. The clinic will be held at the Verona Community Center, 880 Bloomfield Ave. and is given by a certified clinician trained by the staff at the Rutgers Youth Sports Research Council. The class is provided in accordance with the New Jersey State Little League Law. The clinic focuses on five aspects of coaching. Those aspects are medical, legal, first aid, training & conditioning and the psychological aspects of coaching. After completion of the three hour class, the coach is registered as a certified coach with the Sports Research Council. Pre-registration is required and there is no fee. For more information, contact the Recreation office at 973-857-4830.

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